

VOICE OF THE RESIDENTS

VOL. XXVII, No. 5

BROADMEAD, COCKEYSVILLE, MD.

January 2006

THE ELDERHOSTEL EXPERIENCE

By Jane Earhart and Dick Hutzler, Photo by Jane Earhart

We recently returned from an Elderhostel in Warwick, New York. The program drew 50 people to the Warwick Conference Center. The group included persons from, Wisconsin, Arizona, California and other states such as Maryland. We weren't the only Marylanders; another couple there came from Easton.

On two days our program took us into Manhattan - some 55 miles from Warwick - and one day was spent viewing historic mansions in the Hudson River Valley. In the city there was an optional visit to the Metropolitan Museum, walking tours exploring the Rockefeller Center area, a morning performance of the Rockettes at The Radio City Music Hall, and an evening performance of the Nutcracker ballet at Lincoln Center.

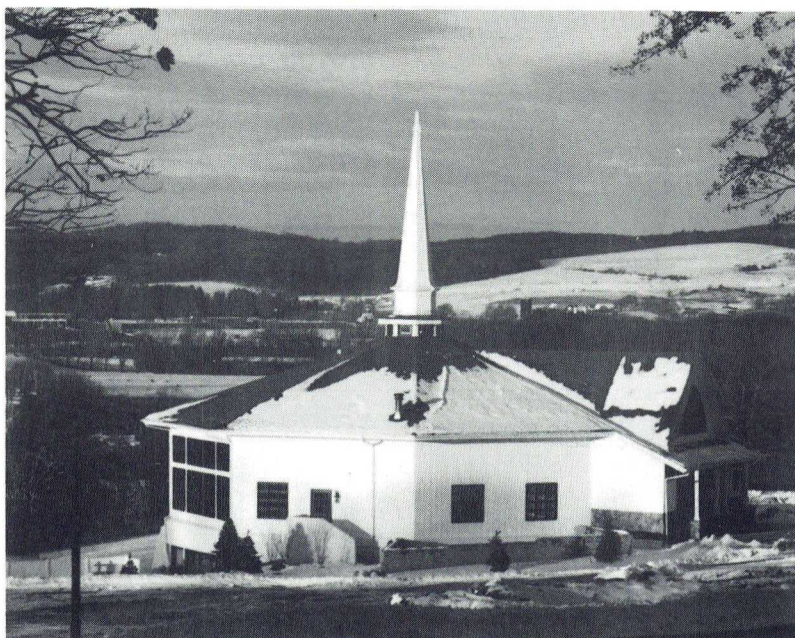
The day in the Hudson Valley took us to three handsome mansions that date variously from the late 18th to the late 19th centuries. One of those had been the home of Samuel F. B. Morse, who, prior to his great success with telegraphy, had been a respected portrait and landscape artist. Another was the quite palatial domicile of the Mills family, who clearly were out to make their mark on society. All of the houses are today established historical landmarks, and docents at each home gave interesting presentations about the places and their owners who had lived in such grandeur those many years ago.

Prior to each trip we attended classes to learn about what we would see and hear about on our outings. Also, we were treated to three comprehensive sessions on Sacred and Secular Music of Christmas, presented by a most spirited and knowledgeable professional music teacher.

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Recently Elderhostel celebrated its 30th Birthday. Back in the 70's, programs were held in colleges, mostly off-season and mostly in dormitories with shared "facilities". Today one can often choose a program housed in a fine hotel. Very few accommodations are without private room and bath. Once the catalogue is perused, so many options are available that it's difficult to make a selection. So how about Austria, China or Peru, or perhaps stay nearby and attend the excellent music program in Baltimore city at the Peabody Conservatory? The Elderhostel catalogue states: "Discover the World! A love of learning with exceptional people in engaging environments creates extraordinary experiences."

Elderhostels always provide a learning experience. The combination of education, pleasure and fun works very well. Just one experience is an incentive to go to their catalogue (available in our library) and choose your next Elderhostel. TRY ONE! YOU'LL LIKE IT!



Chapel on the grounds of the Warwick Center

VOICE of the RESIDENTS

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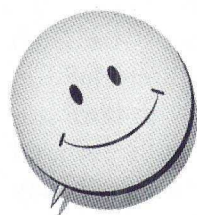
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BROADMEAD WELCOMES

by Betsy Griffin

Carol (Blanton) McCord (Mrs. Kenneth A.)

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Carol is a Bowling Green Virginia native who comes from a long line of Virginians. She was attending Sweetbriar College when she met her late husband who was stationed at Camp A. P. Hill nearby. As WWII came to a close she and 8 other classmates left college to marry. She has continued her education in writing and music at several institutions, including Goucher, as her children grew up. She and her husband had 5 children; 4 sons and a daughter, only one of whom lives in this area. Her daughter lives in Massachusetts, a son in New Hampshire, another son in Connecticut, and another in the Ukraine. She has 8 grandchildren.

The McCords built a house in Towson in 1952 and it is from that home she comes to Broadmead. She has volunteered for the Red Cross in Public Relations and Recruitment and has taught English as a Second Language to foreign students at the YWCA. In the early 60's the McCords bought a cabin cruiser and spent some 20 years cruising the east coast from Ft Lauderdale, Florida to Isle au Haut, Maine. When Ken's health was failing they sold the boat and bought a small house in New London, New Hampshire, near Lake Sunapee and have spent their summers there. Carol expects to get to New England during the summer. She has many varied interests including nature conservation, music (she plays the piano!) writing, poetry, dancing, bicycling, birds and bridge. Welcome to Broadmead.

MOVING AROUND BROADMEAD

	<u>From</u>	<u>To</u>
Marie Bent	R-15	TH-302
Robert Long	G-4	HH-207

Shuttle Service

By Donna Smith

Cold and ice and snow! It's a good time to try the Broadmead Shuttle Service to meals! Kick-off for the winter trial is Tuesday, January 31, with the movie *Bus Stop* to motivate us, thanks to Leo and Gretel Weiss. The shuttle will take you to dinner and home after the movie (or after dinner if you prefer.)

During the February trial the shuttle will provide transportation to and from the Community Center and the cluster apartments for the main meal (evening meal Monday, Tuesday, Thursday, and Friday, and noon buffet on Wednesday), and will make more than one circuit of the clusters for pickup. Service to go home after the evening program will be a one time special on kick-off evening Jan. 31.

If enough residents try the shuttle and find it worthwhile, Broadmead will implement this service on a permanent basis. More information will be available during January.

Editor's Note:

Correcting the Burtons' bio in the December issue: Ty is not an author or staff writer for *The New Yorker*. His career has been in finance. The writer is Lolly's brother.

IN MEMORIAM

Richard C. Donkervoet

October 8, 1930

November 22, 2005

Raymond F. Ackerman

April 17, 1914

December 6, 2005

Thomas Edward Hambleton

February 12, 1911

December 17, 2005

OUR GRANDCHILDREN: TAKING STOCK OF OIL, THE ENVIRONMENT, & THE AMERICAN LIFESTYLE

By John Michener

Frank Heintz spoke at the Open Forum on December 2. Mr. Heintz is chair of the Baltimore County Planning Board, having served earlier as President and CEO of the Baltimore Gas & Electric Company and as chair of the Maryland Public Service Commission. Since his retirement he has had time to engage life in a different way and begin thinking more about his own life and its impact on the world in which his children and grandchildren will live. These thoughts have focused on the impact coming from the intersection of energy usage and the environment.

The UN Millenium Ecosystem Assessment of the health of the global environment released its report earlier this year. This study, which took four years and involved 1,400 scientists, is the most extensive study of the health of planet earth ever done. It looks at the world's resources as assets which provide services such as food, timber, fiber, energy, and fresh water. In recent decades the world's expanding populations and economies have made increasing, and in the long run unsustainable, inroads on these resources. Two-thirds of these services already are in decline, some seriously. Think of the collapse of fisheries, huge dead zones at mouths of rivers, depletion of soils, and loss of forests. In certain ecosystems we are at the point where the systems will become unrestorable.

Mr. Heintz's continuing studies of the literature on global climate changes have also convinced him that current changes are different, more rapid and more extensive than any that occurred earlier in the earth's history. The studies also indicate that man's release of greenhouse gases are a major factor.

These trends in the globe's health are debatable and subject to interpretation. However, evidence documenting these changes is increasing and disagreement among scientists diminishing. If we wait until there is total agreement it will be too late for corrective action and our grandchildren will bear the costs. We need to face the realities now! What are these realities? The world's oil supply is

limited and we are already at the point where production just meets demand, but production is beginning to drop while consumption is rising rapidly. The economic reality is that the price of oil is about to skyrocket permanently. There are alternative energy sources that can ameliorate the situation over the short run but each source has its own drawbacks. Collectively these alternative sources are not sufficient to substitute for oil so that if we do not begin conserving it we will enter a historic period of great economic dislocation.

Keeping in mind the world we want to bequeath to our children, we can all reduce our demands for material things, use less and recycle more, conserve energy, communicate with government officials, talk with our children about, and continue our own self-education on the matter. Let's give our kids sustainable energy and a sustainable environment.

MEDICARE D or ODE TO PAT GRAHAM

By Ruth S. Williams

I went to a meeting at half past three
To learn all about Medicare D.
Do I need it, or do I not?
Is it better than what I've got?

Deductibles, discretionary,
Co-payments and formulary.
Generic drugs or costly brand,
But never, never contraband.

I heard the talk and watched the slides
Until I almost was cross-eyed.
My head ached; my back was sore.
I thought I could take no more.

But then my eyes lit up with glee,
For what I next heard set me free.
I do not have to moan and groan
Or mortgage everything I own.

No need to decipher Medicare D.
Broadmead has done that all for me.

POOLSIDE AT BROADMEAD

By Sally Bloomer

There are many reasons to swim in our pool: water aerobics, lap swimming, warm water exercise. Swimming has been praised as one of the most effective natural means of fighting high cholesterol. Now we have a new reason: his name is Raymond Novak, our new lifeguard! Ray is young (26), friendly and athletic. He enjoys greeting and visiting with the residents.

Imagine entering the pool at 7:00 AM and being greeted with a friendly, "Hi, how are you this morning!" Ray strolls around the pool stopping to chat with swimmers and walkers. Some of the residents especially the walkers can tell you a great deal about Ray. They have taken such an interest that they offer advice. "Why don't you read on your guard job?", one resident asked. "Because I hate to read", he answered. Their interest has inspired Ray to start reading and sharing books and ideas with his Broadmead Grandmothers.

Ray has been swimming all his life. He attended the University of Indiana on a swimming scholarship. He majored in culinary arts. After getting one degree, he acquired three others: hotel and restaurant management, dietetics and education. At Indiana he played water polo, lacrosse and helped coach women's water polo. In his junior year while playing varsity lacrosse, he came to the Fall Brawl at the University of Maryland where 32 lacrosse teams competed in a tournament. Maryland won, but Indiana came in fourth. In 2003 Ray placed third in the Nationals in the backstroke. He has participated in many triathlons especially in New Zealand. There he competed in four triathlons in four weeks. "The New Zealanders are very sports oriented, especially in individual sports. This appeals to me more than team sports", Ray asserts.

In the winter of '05 he lived on the outer banks of North Carolina and was a member of the Ocean Rescue Team. He participated in the rescue of 16 pilot whales. Thirty-two whales refused to leave a sick juvenile. The whales were caught at low tide on a sand bar in four feet of water. The rescue lasted 6 hours in 46 degree water. Ray's parents saw him on television!

Ray came to Baltimore in October to join Marissa who is working for a Master's in Speech

Therapy. She played water polo at Indiana and was coached by Ray. They enjoy swimming at the Towson Y.

Just for fun Ray ran in the very hilly Pittsburgh Marathon, with his roommate's 56 year old mother who flew all the way from New Zealand to do it, after which they went to Arizona and ran from the south to the north rim of the Grand Canyon in one day!

Come to the pool to meet this friendly, athletically-accomplished life guard. While you're at it, bring your bathing suit and jump in. Who knows! It might even lower your cholesterol!

A NEW YEAR BEGINS

By Bobbie Dunlap

When the horns stop blowing
And the bells are still
The music no longer flowing
And the dawn, perhaps, rising over the hill
How many people gave thought
To what the future can bring or the past
has brought?

Success and failure are a part of life's scheme
But fortunately for Man there is always a dream
Our life is filled with joy and sorrow
But who thinks enough about tomorrow?

Are we growing in spirit and mind?
Can we forget our grievances and try to be kind
Or do we join the devil in jealousy and hate
That warps the soul and changes our fate?

It is the precious things we so often overlook
Like enjoying our children or reading a good
book

So concerned are we with status and wealth
We sometimes forget to be thankful for health.

The world is filled with wonders for us to see
Were we not blinded by fear and conformity.
It takes strength and courage to be yourself
To give freely as a child or the imaginary elf
To disregard the mantle of the complacent
and smug
And turn toward those less fortunate with more
than a shrug.

So let's set our goals high as the New Year
begins
And pray for wisdom and grace and
forgiveness of sins.

OLDER DRIVERS

by Dick Hutzler

Older drivers? Do we have any of them here at Broadmead? Perhaps not, but maybe there are those among us with elderly relatives who might benefit from some of the ideas in a recent article on the subject in the *New York Times* by Jane E. Brody.

Ms. Brody points out that in fifteen years there will be more than forty million drivers over age seventy, and such drivers are driving more than ever before. Regrettably, on a per mile basis, older drivers as compared to the middle-aged are three times more likely to crash - and to die as a result - and many older folk either fail to acknowledge their diminishing abilities or just outright refuse to accommodate to them. Further, state license renewal periods vary from four years on up and then the requirements for renewal rarely go beyond a vision test.

After reeling off a number of age-related conditions that are detrimental to driving ability, the article lists the following recommendations: (1) Most of all, be aware of yourself; take note if you feel troubled by the needs of today's driving. (2) Avoid distractions such as eating, phoning, listening to books on tape, emotional conversations and such. (3) Make your driving more comfortable by staying with familiar routes, keeping safe distances and making use of aids such as left-turn arrows. (4) If going to unfamiliar areas, plan your trip ahead using maps - but don't try to read the maps while driving! (5) Be certain your car is comfortable as to the seat, the pedals and the mirrors. (6) Make the best of your vision by keeping your windshield clean, avoiding glasses with arms that block your peripheral vision, looking at the right edge of the road at night rather than into the headlights of oncoming cars, and having annual eye check-ups. (7) When on long trips, take breaks every two hours or 100 miles or so, and avoid driving after a big meal or when you're usually in bed.

Of course, none of us here needs all this advice because we're all excellent drivers, aren't we? ...AREN'T WE???

OPEN FORUM

Friday January 13th at 7:00 pm

**"INTELLIGENT DESIGN
AND SEPARATION
OF CHURCH AND STATE"**

RICHARD KATSKEE

**Lawyer, Americans United
for the Separation of Church and State**

*

Friday January 27th at 7:00 pm

**"CHRISTIAN PEACE TEAMS:
MEDIATORS IN IRAQ AND OTHER
CONFLICT SITUATIONS"**

SUZANNE O'HATNICK

Member Stony Run Friends Meeting, Baltimore

Off White

By Chester Wickwire

That morning, my world
made white by snow flakes,
was beautifully unworldly.

Winter. brown ground hidden;
Tall naked trees, wedding dressed;
dark branches, pine needles, elegant;
untrimmed, unlovely shrubs, suddenly lovely.

At the turn in the perimeter road,
a forgiving robe transformed wetlands
woods, meadow, swamp and trash.

That afternoon, sun, wind, and rain,
had their way; brown ground and
dirty snow had back the day.

The glowering, black and brown, tormented
feral cat with her kitten on the rocky hill
opposite Holly House, made plain,
"pristine white is not the way it is"

Linzertorte

By Mike Dabney

The fragrances of baking perfume Joan Rappeport's memories of growing up in Vienna. She and her family left Austria at wartime, when she was 13. They lived briefly in England and then moved to New York. She met her husband, Jonas, when she was in nursing school in Chicago and he was an intern there. They settled in Baltimore, raising three daughters and leading busy professional lives. Joan and Jonas arrived at Broadmead in February 2004.

Cooking, especially family baking, has bound the Rappeport family for generations. An annual Christmas Cookie Day, when many varieties are baked, has been an after-Thanksgiving family tradition for years. The Rappeport clan and grandchildren will gather again this year as they have for decades. Joan's recipe for *linzertorte* goes back at least as far as her maternal grandmother, and she remembers watching her mother, Frances Gruenwald, make the dessert. For years, it has been a sought-after gift and special family treat. "It's a keeper," she adds. "Just wrap it up in foil, not refrigerated. It gets better and better." Jonas adds that it keeps for several weeks. This makes it a perfect ship-ready gift.

Linzertorte is a nut-spice-and-butter-based sweet pastry with a jam or jelly filling. Joan was happy to share the recipe, and dismissed the suggestion that it's troublesome to make. "It takes about half an hour."

You won't find this one in any bakery!

3/4 cup butter (or margarine)
3/4 cup flour
3/4 cup ground almonds (or walnuts) -
3/4 cup sugar
2 egg yolks
2 teaspoons cinnamon (or more)
1/2 teaspoon ground clove
1/2 teaspoon ground allspice
1/2 teaspoon ground nutmeg
12 ounce jar red (or black) currant jelly

Use cooking spray to coat a 10-inch spring form tart pan. (Use less jelly if you have a smaller pan.)

Mix the flour, butter and egg yolks on a board and knead by hand or spatula to form a firm dough. Add the other ingredients as you knead. Divide the dough into two parts, and use half to line the bottom of the pan. Spread the jelly on the dough. Roll the other dough half on a floured board, and cut strips to form a lining for the pan edges and strips for a criss-cross on top. Bake at 325 F, about an hour, until the *torte* takes on color. Set aside for 24 hours before serving. (Keeps two weeks or more tightly wrapped.) Sprinkle powdered sugar for decoration.

Editor's note: Mike Dabney spent several months at Broadmead when his mother was ill. He took great interest in our doings and thought that a personalized cook book would be fun. Here's a start.

Halloween at the Mall

By Sibylle Ehrlich

Ghosts, witches and disjointed skeletons were fluttering overhead. Jack O lanterns with their sardonic smirks stared out of shop windows. Little ballerinas, princesses and brides tiptoed carefully, followed by hoboes and pirates who were optimistically swinging their still empty treat bags. Parents strode behind the little troops.

It was the afternoon of Halloween at the Mall. I was to meet my son-in-law and my little grandsons by the fountain; but where were they? Suddenly I spied the little group squatting on the floor ignoring ghosts and goblins princesses and pirates peering intently at the marble floor. "What is so interesting here?" I asked. .. "Ammonite fossils," answered the six year old. .. "And they are over a hundred million years old," added his younger brother. So I too admired the tiny spiral fossils embedded in the white marble.

What a lesson those little boys and their father taught me: sometimes what is right at our feet though it be ancient, miniscule and just plain gray, is far more worthy of our attention than all the glitz and glitter surrounding us.

Adventures in Learning

By Barbara Vosburgh

As it has for some time, Adventures In Learning brings a midwinter lecture series to Broadmead. This year it will be on the subject of sacred music. Approaching this in the artistic, rather than devotional manner, Jonathan Palevsky, Program Director of radio station **WBJC** will present four programs of music and lectures, starting Wednesday, January 25, at 10:30 a.m. in the Auditorium.

Jonathan says that for the past seven hundred years composers have used sacred texts as the basis for some of their most creative, sensitive and expressive thought. Whatever *you* may think liturgically of the Mozart, Brahms and Verdi requiems, they have remained in the repertoire as the artistic masterpieces they truly are. Come and explore what some of the great composers have achieved with these very special words.

The dates and titles of the programs follow;
January 25-Machaut and the Flem. Flemish

Polyphonic Mass Settings-
Des Prez versus Palestrina:

February 1 - The Baroque Explosion- JS Bach and the Madness of the B Minor Mass.

February 8, Romantic Requiems - Brahms, Faure, and Verdi.

February 15, Mozart, Beethoven, and Schubert Masses! Liturgical heresy ecstasy.

WEST TO EAST

By Carolyn Underwood

It was late November of 1950 when I boarded the train in San Diego, leaving the place where I grew up, to travel across the country to Ft. Lee, Virginia. My father had died three years earlier, and I had to leave college in the beginning of my junior year and get a job. After three years at a series of jobs that didn't interest me I realized I had to get away if I were going to have a life of my own. So I joined the army.

I don't remember much about the trip across the country until we came to West Virginia, where it was snowing. I was enchanted with falling snow. I had never seen snow falling before, and its frostings on fences and trees was a new loveliness to my eyes, which had only experienced the semi-arid desert climate of southern California.

I was met in Ft. Lee by a cadre of the WAC contingent, and escorted to my basic training barracks. The new recruits were issued clothing, given shots, a physical exam, and indoctrinated into military life. I was at Ft. Lee for about four months. The most rigorous part of basic training was bivouac, where we lived for a week in tents heated by wood stoves, learned to find our way around with maps, learned to fire an M1 rifle, and endured cold such as I had never before experienced. I remember one night I had the duty of walking around the camp from 1 to 5 a.m. to make sure that the stove in each tent was burning, and if not to stoke it so it would last until reveille. I had never been so cold in my life!

After basic training I went to Leader's School, and after that, I was sent to work at Walter Reed Army Hospital in Washington. When I arrived I was assigned to work in the children's ward as a secretary. The WACs and recuperating patients lived at Forest Glen - an old seminary for girls in Maryland - about 6 miles from the main campus of Walter Reed. We were driven to and from work on an army bus. Forest Glen was a very interesting place; there was an old castle, a pagoda, and the WACs lived on the second floor balconies looking down on a huge ballroom.

The Army life was hard. Not only did we have our 8-hour-a-day jobs, but we had to clean our living quarters for inspection every day, and line up in formation every morning to be sure our uniforms

were spic and span. Many of the cadre were old seasoned sergeants.

After a short time, I decided I wanted to learn x-ray technology, which I did on the job for a period of two years, and passed the registry test at the end of that time.

I was in the Army for six years. I then realized that the Army life style did not appeal to me, although it had provided me training in work in which I could make a living.

My sense of the differences between living in the West and the East was that - (1) The eastern part of the United States seemed to me then more civilized - more dedicated to thoughtfulness about the world; and - (2) the people in the East seemed to me, and still do seem, more family oriented and closer to family members, while westerners tend to be more independently-minded, perhaps because of having left roots a generation or two ago to strike out on their own "Go west, young man, go west!"

BROADMEAD HEALTH CARE **VOLUNTEER PROGRAM**

Caring, Sharing & Strengthening Our Community

Volunteers needed for Hallowell & Taylor Halls:

Water Servers - Water Servers provide Residents with greetings and a fresh drink from fellow Residents while freeing Staff for medical priorities.
Needed: *Every other Monday morning; Each Tuesday morning.. Substitutes & future weekly servers. (Duration: 30 min. to 1 hour)*

Menu Reading: - Readers visit & assist Residents with the next day's menu selections.

Needed: *Tuesday reader (Duration: 1 hour mid-day, once a week)*

Weekend Activities Hosts - Hosts greet and visit with Residents as they gather for Activities (and allow Staff to invite more Residents).

Needed: *All times (Duration: 30-90 minutes, once or twice per month) Example sessions: Sat. 10 am. Sittercise,. Sat. 1 pm. Travel & Tea,' Sun. 10 am. Inspiration Time,. Sun. 1 pm Surprise)*

Interested? Have Questions or suggestions?

Contact: Whitney Leber, Volunteer Coordinator
410-527-1900 ext 3991 - Taylor East, Room 317

Mailbox: Social Services

Hours: Tues. & Thurs., 10 am to 3 :30 pm

Training provided - Thank you very much!



BROADMEAD MOVIES

Tuesday movies by
Gretel & Leo Weiss
Saturday movies by
Jeanne Stephenson &
Betty Douglas

January 3 **MARCH OF THE PENGUINS**
2005 88 minutes G

A beautiful movie filmed in Antarctica. The incredible journey that the penguins make every year to their breeding grounds. Documentary DVD

January 10 **CENTRAL STATION**
1998 110 minutes R

This film traces the travels and travails of a young boy and an aging woman across the Brazilian landscape, attempting to find a home for the boy. DVD

January 17 **FARGO**
1996 97 minutes R

Comedy-action thriller. A pregnant, folksy police chief with a whip smart mind solves a murder case. DVD

January 21 **THE MISFITS**
1961 124 minutes NR

A recently divorced woman befriends a trio of Nevada cowboys and accompanies them on a quest for freedom. Clark Gable, Marilyn Monroe, Montgomery Clift

January 24 **MONSOON WEDDING**
2002 India 114 minutes R

Comedy-drama about several generations of an Indian family as a wedding gears up with logistics as complicated as a military exercise. DVD

January 31 **BUS STOP**
1956 94 minutes NR

Marilyn Monroe proves her skill as an actress. With Don Murray in a modern western with richly realized humor. VCR

SATURDAY PROGRAMS

In the auditorium at 7:00 pm
By Margaret Proctor

January 7th

"SPICES,"

What they are? Where do they come from?

HANK KAESTNER

Celebrating his 25th Anniversary with us.

*

January 14th

**"LIVELY STORIES
AND TALES"**

Entertaining introduction
To the Valley Toastmasters

*

January 28th

**"A COAST TO COAST
BICYCLE TRIP"**

BOB PHILLIPS

Shows and tells us like it was.

SPYGLASS LOW VISION SUPPORT GROUP

Presents

By Teresa Gramling

Brilliant Ideas

(To share with each other)

The Residents Speak

**How do you deal
with vision problems?**

*

Tuesday January 10th

11:00 am to noon

In the Auditorium

WEDNESDAY WORSHIP AT BROADMEAD

1ST Wednesday every month at 10:30 am
EPISCOPAL COMMUNION
 Taylor East Lounge- 3rd floor
 Sponsored by Sherwood Episcopal Church
 York Road, Cockeysville

2nd Wednesday every month at 10:00 am
CATHOLIC MASS
 Taylor East Lounge- 3rd floor
 Sponsored by the Catholic Community of
 St. Francis Xavier, Cuba Road, Hunt Valley

3rd Wednesday every month at 10:30 am
PRESBYTERIAN COMMUNION
 Stony Run Activities Room- 3rd floor
 Sponsored by Ashland Presbyterian Church,
 Ashland Avenue, Cockeysville

VESPERS

By Pat Underwood

Sunday in the Lounge
 January 15th, at 4:30 pm

The Reverend Edward Richardson
 Govans Presbyterian Church

Men's Saturday Social Hour For January

January 14th
 Harry Butcher
 "Biology, Biochemistry, Physiology
 of Plants and People"

January 28th
 Randell McKechnie
 "What The Ancient Christian Fathers
 and Mothers Had To Say About
 The Twelve Prophets"

MUSIC EVENTS

By Phil Schnering

Concert Sunday January 8th at 2:00 pm

LYRIC BRASS

5 brass instruments making wonderful jazz,
 Broadway tunes, etc.

They are always our most popular program

Thursday, January 12th at 7:00 pm

LET'S SING

With Herb Merrick Christmas Music

In the Auditorium



LET'S DANCE

By Walter Lane

**With the
George Hipp Trio**

Everyone welcome to dance
 or just enjoy the music

Monday January 9th at 7:00 pm In the lounge

OPERA VIDEO

By Harry Blumenthal

Friday January 6th 7 pm in the Fireplace room

"Der Ring des Nibelungen"

Opera 2- Die Walküre

Opera by Richard Wagner

Metropolitan Opera

With James Morris as Wotan Act 1

(2 hours)

Brief Discussion

*

Friday January 20th 7 pm in the auditorium

"AIDA"

By Giuseppe Verdi

Opera in 4 acts

Metropolitan Opera

Starring, Aprile Millo,

Placido Domingo, Dolara Zajic

(2 hours 40 minutes)

HITHER THITHER AND YAWN

With Foxy Georgia

Well, here we go, its another year by now, so crawl out from. under the tree, pop in another aspirin after the New Years Eve bash, and get ready to face life. . . while you were living it up at Wegman's, the rest of us sports were whooping it up. . . . koff, koff!..

The Wetter Domes and Hardens award was presented to the workers on the lofty treatments in cluster K..for installing the bath tub, after removing the roofing superstructure.. recommended for cold showers..

Watch out for the wet concrete, Nydia.. It's hard to brush off.. you know.. don'tcha?

Walt Hudson had a sparkling trip to Branson Missouri, for a real country music hoe-down... he didn't see Dolly Parton, but he did see Barbara Smith

Compliments to the glass case gals.. the children's book display was a fitting backup to Sally Burbank's bright chat on the same subject... made us all want to read her suggestions. Marian Shapiro impressed us with her art exhibition. What a meticulous artist she is... some talent, old girl! . Do those Gibson Island refugees know something about high tides? Betsy Geare, Margie Fowler, Bunny and Frank Knipp and Todd and Lolly Burton know they can keep their feet dry here. Hey! Here's a special recipe for pumpkin pie... copied it out of the menu book, outside of the MDR... "Buy pie from bakery, slice and serve. You can't beat that for labor saving !!

Donna Smith and her elves, male and female, decorated us up for the season, touching all bases, politically correct as noted.

Donald Rothman put on the play of the month, *Youth* by Thornton Wilder, and Branch and Dickens Warfield, Jane Earhart and Dick Hutzler and Louis Gold did the honors, making us think about, well, youth; ah yes!! We could add our own thoughts on the subject. Speaking of thoughts the Open Forum, under the guidance of Gretel Weiss, and John Michener, was on the ball again, with the speaker, Frank Heintz, former CEO, BG&E, who asked us what we are doing to preserve this world for our grandchildren. They also presented Iman

Johari Abdul-Malik, who spoke on American Muslims. ... A fascinating evening! Nancy Starnes and Colin MacLachlan, with the help of 18 readers, put together an evening of fun and fancy poetry. Space does not permit me to name them here, but a plaque will be installed in the east hall elevator shaft with the names of that intrepid group. Thanks pals! Harry Blumenthal is taking us through the opera world, much to our enjoyment and edification. We're lucky to have you, Harry. Do we really understand the new drug regulations, Medicare Part D? Pat Graham is doing everything possible to get it through our heads. She's a wonder!!

The golden stethoscope award to Ted Wilson, who "splained" the spleen etc ~ in words of one syllable, complete with illustrations made on the spot. He's giving us a course in Anatomy 101, but - best of all - no test. Glory be!!!

Congrats to OPD. We all got our Flu Shots, no fuss, no pain, no problem!! Are you aware of the musical treats Phil Schnering offers on Sundays after lunch.?? Top-notch musician, both vocal and instrumental - and it's all right here, and parking is not a problem. Try it; you'll like it!!

A few more items before we go to press. Sorry not to get the scoop on the New Years Eve blast, but just as well, as you know how you do carry on. However, the Sleigh Bell "do" was a winner. 5-piece band, chocolate-covered strawberries, open fire and the fun of seeing Dottie Benbow in her flashing necklace, Peg Brian and her smashing son doing their bit on the dance floor, however not out shined by The Knipps, Frank in his plaid trews, and the merry medico Ted Wilson and Natalie Bellows looking festive in red, and man! oh man! the Christmas sweaters are out of the moth balls and on Hope Benson, Jeanette Royston, Ginny Cooke and Fran Beasley (but alas, not on the dawgs) to name a few - a bunch of cheery dames!! Our gents really clean up good too. Bow tie dept: Bob Herrmann, Bill Benson and Marshall Sutton. Whatta treat!! A small Sweet Briar reunion at Ann Remington's chateau with Judy Waxter, Margaret Proctor, Carol McCord and Peggy Taliaferro. Ask those gals if they boodled in the boxwood. This about clears the decks, my hearties. So have the best of all holidays, (whatever you call 'em) and - next we meet, if I don't get the axe..it'll be '06 full of kicks, so get in your licks, don't want no sick's" you'll be in a fix. Lets all mix, and learn new tricks... Had nuff??



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